

## Wintertraining 2025/2026

| Wochentag  | Adrian Winter                                                                                                     | Michel Bauer                                                                                                    | Justus Weidner                                                                                                                                                                                                                                                     |
|------------|-------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Montag     |                                                                                                                   |                                                                                                                 |                                                                                                                                                                                                                                                                    |
| Dienstag   |                                                                                                                   | 16:00-17:00 AK 18 Jungen<br>   | 15:00-16:00 (bis 9 Jahre)<br>16:00-17:00 (bis 12 Jahre)<br><br>17:00-18:00 (13-17 Jahre)<br> |
| Mittwoch   |                                                                                                                   | 17:00-18:00 (16-18 Jahre)<br>  |                                                                                                                                                                                                                                                                    |
| Donnerstag | 16:30-18:00 AK 18 Mädchen<br>  | 16:30-18:00 AK 16 Jungen<br> | 18:00-19:00 (13-17 Jahre)<br>                                                                                                                                                 |
| Freitag    | 15:00-16:00 (bis 11 Jahre)<br> |                                                                                                                 |                                                                                                                                                                                                                                                                    |

 = Kader

 = Anfänger

 = Fortgeschritten